

# Cabbagetown

## NEIGHBOR

Cabbagetown Neighborhood Improvement Association  
Volume Thirty • Issue Number Two • February 2021

"It is health that is real wealth and not pieces of gold and silver." ~ Mahatma Gandhi

# THE "FAUCI OUCHIE"

By Cyndi Carpentieri, Suzanne Mason, and a dedicated group of Cabbagetown healthcare experts

**While many people are excited to get vaccinated and many have already received the vaccine, some may still have questions.** We have provided answers below to some common questions. (The science is evolving rapidly, so there are links at the end of the article to find the most current information on COVID-19.)

### 1. Why should I get a COVID-19 vaccine?

The vaccine benefits outweigh the known risks of contracting COVID-19. There is no way to know how COVID-19 will affect you. COVID-19 can cause severe medical complications and death, even in people who are young and healthy with no pre-existing conditions. While it may be possible that you could catch COVID-19 even after being vaccinated, it is unlikely to be severe or life-threatening. Being vaccinated does not just protect you, it may also protect those around you.

The vaccine brings the promise of an end to the COVID-19 pandemic. The vaccine can help speed up herd immunity, which is when enough people have antibodies to limit spread of the disease, generally thought to be about 80% of the population. Once we establish herd immunity and fewer people are sick, there will be less burden on our healthcare system and restrictions can be lifted again. People can then resume going out and spending money, which will revive the economy, especially the service industry. In other words, we can go back to bars and restaurants, attend concerts, and hug family and friends again. And eventually, hopefully... no more masks!

### 2. I've already had coronavirus. Should I still get the vaccine?

Yes. CDC recommends that anyone who has had confirmed or

suspected COVID-19 should get a vaccine as it becomes available. However, if you've recently had COVID-19, you could consider waiting a bit because you likely have natural immunity for the next few months.

### 3. Is the COVID-19 vaccine safe?

Yes. Serious reactions to COVID-19 vaccine are extremely rare and most occur within the first 15 minutes, so you will be monitored for 15-30 minutes after getting the vaccine. If you have ever had a severe allergic reaction (anaphylaxis) or have a compromised immune system, talk to your healthcare provider about your



Dr. Anthony Fauci receives his COVID-19 vaccination shot.

unique needs. Safety monitoring is ongoing via V-SAFE, a text messaging app that you can sign up for after being vaccinated. Also, side effects can be reported at any time to the vaccine adverse events reporting system (VAERS) at [vaers.hhs.gov](https://vaers.hhs.gov). The vaccines do not contain aluminum, mercury, latex, or food allergens, and none of the COVID-19 vaccines available or being tested contains "live"

coronavirus, so you cannot get COVID-19 from the vaccine.

### 4. What are the side effects?

Common side effects include soreness at the injection site, fever, headache, fatigue, muscle or joint pain, or chills. These are caused by your body building an immune response, which is a good thing. These side effects generally go away on their own or can be effectively treated with Tylenol, aspirin, or ibuprofen.

Story continued on page 12

# Cabbagetown NEIGHBOR

*Cabbagetown Neighbor* is a monthly newspaper produced by the Cabbagetown Neighborhood Improvement Association (CNIA), a non-profit organization. This publication is supported by advertisers. Please submit news articles, announcements, and advertisements to: [newsletter@cabbagetown.com](mailto:newsletter@cabbagetown.com).

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### Newspaper Distribution

The Cabbagetown Neighbor is distributed – each month – during the week before the CNIA meeting (the second Tuesday of each month) to the residents and businesses of Cabbagetown. If you have any delivery problems, please let us know at: [ctowndelivery@gmail.com](mailto:ctowndelivery@gmail.com)

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Traffic Concerns	404.330.6501
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Mayor's Office of Constituent Services	404.330.6023
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## KEEP UP WITH THE NEIGHBORHOOD

Join the Cabbagetown online community at:

[cabbagetown.nextdoor.com](http://cabbagetown.nextdoor.com)

or [facebook.com/groups/CabbagetownATL](https://facebook.com/groups/CabbagetownATL)

Visit the official Cabbagetown website at:

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## ADVERTISE WITH US

Advertising with the *Cabbagetown Neighbor* is an inexpensive way to reach over 700 homes in Cabbagetown, which includes the residences of *The Fulton Cotton Mill Lofts* and *The Stacks Lofts*. It is also a great way to support the CNIA and the publication of this newspaper. Visit our website at [www.cabbagetown.com](http://www.cabbagetown.com) or write the editor at [newsletter@cabbagetown.com](mailto:newsletter@cabbagetown.com) for more info.

## ADVERTISING RATES

Ad Size	One Month	Three Mos	Six Mos	One Year
1/8 Page 3.75" x 2.25"	\$25	\$70	\$135	\$255
1/4 Page 3.75" x 4.875"	\$50	\$140	\$270	\$510
1/2 Page Horz. 7.5" x 4.875"	\$100	\$280	\$540	\$1,020
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Full Page 7.75" x 9.875"	\$160	\$450	\$870	\$1,680

Classified ads are 25¢ a word for non-residents.

Classified ads of 25 words or less and announcements are free of charge to Cabbagetown residents.

# President's Letter



**CHELSEA  
ARKIN**

**Hello Cabbagetown!**

We survived 2020! Can you believe it? Let's meet and celebrate on Tuesday, February 9<sup>th</sup> at 7p for our February CNIA meeting!

**Login here:**

<https://zoom.us/j/95657039874>

**Meeting ID: 956 5703 9874**

In other news, life in Cabbagetown has been moving along in a pandemic friendly, and socially distanced sort of

way, but we need some CNIA Board Members!

- *Are you dreaming of being on the CNIA board?*
- *Do you have some exciting events you'd love to help plan this year?*
- *Do you have a project you're dying to get off the ground?*

This is your chance! Join the CNIA Board! Seriously, we really need new board members. Contact me at **president@cabbagetown.com** or stop by my house on Carroll Street if you want to talk more about it. I promise, it will be worth it. This is the BEST WAY TO MEET PEOPLE AND MAKE FRIENDS IN THE NEIGHBORHOOD.

Hopefully, we will all be vaccinated soon and can resume in-person activities and meetings! **Talk to you soon...**

## "At The Corner"



"The Corner" at Boulevard & Memorial garnered lots of national attention this past month. Lynne Splinter (above) was photographed for the New York Magazine.

# CNIA Meeting Agenda

Tuesday, February 9<sup>th</sup>, 2021 at 7p

**PLEASE NOTE: We will be meeting via video conference**

<https://zoom.us/j/95657039874>

**Meeting ID: 956 5703 9874**

**Password: 30316**

NOTE: A digital copy of this month's agenda and materials can be found at: [cabbagetown.com/agenda](http://cabbagetown.com/agenda)

**7p: Meeting begins**

**I. Welcome and announcements**

**II. Review and approval of the January minutes**

**III. Atlanta Police Department**

**IV. City of Atlanta – Valencia Hudson**

**V. Financial Report – Saundra Reuppel, Treasurer**

**VI. Committee Reports**

- NPU – John Dirga, Cabbagetown Representative
- Historic Preservation & Land Use Committee – Nicole Seekely, Chair
- Ctown-Rtown Transportation Committee – Genevieve Barber, Chair
- Cabbagetown Initiative – Kendall Rawls, CI President

**VII. Old Business**

**VIII. New Business**

**8:35p: Adjourn**

# Top of the Charts

By Kyle F. Bidlack

*What music is Cabbagetown listening to?* Good question. Here's January's hottest songs on the *Milltown Tavern* juke box.

- |  |   |
|--|---|
| <p><b>1</b> SIR PAUL McCARTNEY<br/>SLIDIN'</p>           | <p><b>9</b> FELA KUTI<br/>ZOMBIE</p>  |
| <p><b>2</b> SIR PAUL McCARTNEY<br/>WOMEN &amp; WIVES</p> | <p><b>10</b> CLIFFORD BROWN<br/>CHEROKEE</p>                                |
| <p><b>3</b> WU-TANG CLAN<br/>C-R-E-A-M</p>               | <p><b>11</b> CURTIS MAYFIELD<br/>WE THE PEOPLE WHO ARE DARKER THAN BLUE</p> |
| <p><b>4</b> OUTKAST<br/>SPOTTIEOTTIEDOPALISCIOUS</p>     | <p><b>12</b> SZA<br/>GOOD DAYS</p>  |
| <p><b>5</b> OUTKAST<br/>ATLIENS</p>                      | <p><b>13</b> THE MAMAS &amp; THE PAPAS<br/>CALIFORNIA DREAMIN'</p>          |
| <p><b>6</b> THE CLASH<br/>THE GUNS OF BRIXTON</p>        | <p><b>14</b> PIXIES<br/>WHERE IS MY MIND?</p>                               |
| <p><b>7</b> WILLIE HUTCH<br/>I CHOOSE YOU</p>            | <p><b>15</b> BILLY BRAGG &amp; WILCO<br/>CALIFORNIA STARS</p>               |
| <p><b>8</b> OASIS<br/>D'YOU KNOW WHAT I MEAN?</p>        |   |

# Cabbagetown Neighborhood Improvement Association: General Meeting

Tuesday, January 12<sup>th</sup>, 2021, 7p via Zoom. Meeting conducted by Chelsea Arkin. Minutes by Laura Bellinger.

## **I. November CNIA meeting minutes approved.**

**II. City of Atlanta – Natalyn Archibong.** Atlanta City Council members Natalyn Archibong and Amir Farokhi will host a virtual community meeting with the CSX executive leadership team January 21<sup>st</sup>, 6p, to discuss neighbors' concerns about current CSX operations in **Hulsey Yard**. Congresswoman Nikema Williams will try to participate. Jon Ossoff has called about the issue. Neighbors in Cabbagetown, Reynoldstown, and Inman Park have expressed concerns about ongoing loud noises coming from CSX. Natalyn has asked CSX about sound barriers and emphasized noisy operations need to start as late as possible in the morning. Natalyn to ask Major Reese to measure noise levels. Some neighbors have voiced concerns about fuel being pumped. CSX has replied there is nothing combustible on site; they are moving dry goods and packing materials. CSX has offered a tour. A Cabbagetown resident who works as an acoustic consultant offered to go on the tour and measure noise levels. If you have concerns, please send them to [info@cabbagetown.com](mailto:info@cabbagetown.com) and they will be shared with Natalyn's office.

People have contacted Natalyn's office about someone sleeping in a car and living at 600 Memorial Drive, and about trash piling up there. Natalyn's office visited the person, took them to a shelter, and They asked city services and the property owner for assistance in cleaning. City service has been hampered by COVID-19. Trash in the back appears to have been picked up by neighbors. Valencia to reconnect with code enforcement about the remaining trash.

Natalyn working to introduce legislation to negate the late fee for re-registering restaurant liquor licenses, so that restaurants can pay later without a penalty. Currently, if a restaurant does not pay the required fees by December 31<sup>st</sup>, there is a fine.

Our NPU rep is working with Valencia and Moses to get the new trash cans installed by the Krog tunnel.

## **III. Atlanta Police Department**

Officers have been dealing with car break-ins which are a constant. Please do not keep items visible in cars. Zone 6 finished 8% down in crime for the year; 3% over the goal. Three houses have been broken into recently; officers following up on cases. Neighbors reported mail and package thefts during the holiday season.

Just outside Krog tunnel, near the intersection, women have reported being molested on walks. One report of sexual assault on Dekalb Avenue near tunnel. Police working to have presence on both sides of tunnel to prevent this type of activity.

Officers received complaints about 600 Memorial Drive and documented complaints of speeding on Savannah Street and traffic issues on the Carroll Street corridor. Officer did not see a report about carjacking but will look into it. Our contact is Lieutenant Floyd with the City of Atlanta Police Department. He can be reached at [dfloyd@atlantaga.gov](mailto:dfloyd@atlantaga.gov) or 404-371-5002.

## **IV. Financial Report - Sandra Rueppel**

Financial report budget posted on [www.cabbagetown.com](http://www.cabbagetown.com). Recruiting for a new CNIA treasurer for next year. All expenses incurred have been for the **Atlanta 1000** project, the NPU grant and the CSX grant. Recent expenses include \$50 for **DropBox** and some **Stacks Squares** checks. Some income has been received from ads, as well as \$482 from a **GoFundMe** for **Cabbagetown Park**. A check for the \$482 will be written to Cabbagetown Initiative.

## **V. Historic Preservation Committee - Nicole Seekley**

Staff recommended deferral to January 27<sup>th</sup> for 186 Powell. Residents and commission have not requested deferral. Motion approved for HPC to write letter to UDC requesting deferral to February 10<sup>th</sup>.

## **VI. NPU-N - John Dirga**

- A new chair, Catherine Woodling ([npunchair@gmail.com](mailto:npunchair@gmail.com)) from Reynoldstown, was voted in this month.
- LSP food trucks ordinance: review of what the ordinance might be. Legislation hasn't been passed yet.
- Codebusters. Code enforcement has reduced staff due to COVID. You can reach out to [info@cabbagetown.com](mailto:info@cabbagetown.com) with any code violation concerns.
- Comprehensive Development Plan moving closer to implementation. Commissioner Keane setting up a meeting. Areas of growth and areas of conservation will be identified. There's a lot of attention about nature and people in nature. Proposed Cabbagetown language includes: Support incremental density by allowing properties currently zoned as single family to become duplexes by adding accessory dwelling units or attached dwelling units, as already allowed in R5 and R4 zoned properties within city limits. Reynoldstown language includes: Encourage development that minimizes new vehicle parking and leverages or enhances the neighborhood's bike/ped (i.e. Beltline and Trolley Line Trail) and transit facilities (i.e. rail station and two high-frequency bus lines). Related links: [www.atlcitydesign.com/comprehensive-development-plan](http://www.atlcitydesign.com/comprehensive-development-plan) and <https://www.atlantaga.gov/government/departments/city-planning/office-of-zoning-development/zoning/2016-comprehensive-development-plan-cdp>
- CLEAR Initiative from Midtown Association. Idea is more citizen involvement with liquor license review. They requested that our NPU support this initiative, NPU voted to support meeting with City and talking about it, but not Exhibit B.

## **VII. Transportation Committee**

Committee creating a **Google Earth** of Cabbagetown and Reynoldstown so whole neighborhood can share their thoughts about what is happening traffic-wise (like a heat map). There's a new tactical urban guy with the committee. 311 doesn't seem to be a powerful lever right now for speeding, etc.

## **VIII. Cabbagetown Initiative**

Parks are looking good but budgets are tight for taking care of the parks right now. Will organize a volunteer group 3-4 times a year to  
*Continued on next page*

clean and maintain parks. Will publish volunteer plan dates in the coming days. **Friends of Cabbagetown Conservancy** – which was developed to help fund park maintenance – is gaining traction. If everyone can please sign up and donate what they can to it. Contributions are tax deductible; not yet sure how receipts will be distributed. There are options to receive a t-shirt, magnet, or trucker hat depending on donation level.

Concerns about flooding in a couple of areas. May reach out to **Oakland Cemetery** about any possible border plant donation. Recommendation to blow leaves into the beds.

There's an area in EPL where the rubber has a crack. And there's a sinkhole in front of the rock climbing.

**IX. New Business**

Liliana Bakhtiari trying to get homeless people off the street. Do not go near the Capitol leading up to inauguration if you don't have to. There are a lot of people who need our help. [https://www.gofundme.com/f/help-neighbors-shelter-from-white-supremacist?utm\\_source=facebook&utm\\_medium=social&utm\\_campaign=p\\_cp+share-sheet&fbclid=IwAR3CHY1rgYDcOcDnx\\_CJdqyAHgeN3ON8m\\_wscRdmwDHYfiSm8F5VkqcOywWY](https://www.gofundme.com/f/help-neighbors-shelter-from-white-supremacist?utm_source=facebook&utm_medium=social&utm_campaign=p_cp+share-sheet&fbclid=IwAR3CHY1rgYDcOcDnx_CJdqyAHgeN3ON8m_wscRdmwDHYfiSm8F5VkqcOywWY). If you have questions about how you can help, feel free to email Liliana at [liliana.bakhtiari@gmail.com](mailto:liliana.bakhtiari@gmail.com). **Partners for Home** has done a lot to help. Here's some more information on what is being done to address individuals experiencing homelessness: [www.11alive.com/article/news/local/lift-initiative-homeless-apartments-atlanta/85-64e26b2b-8809-4a91-a16b-471ef953e63c](http://www.11alive.com/article/news/local/lift-initiative-homeless-apartments-atlanta/85-64e26b2b-8809-4a91-a16b-471ef953e63c)

Seth Pajack is doing the food drive still on his porch. 121 Pearl Street. There's a sign. All the food is going to lower income individuals who are more vulnerable to COVID-19. They deliver every week and will keep going for as long as people donate.

Mayor and City Council voted to raise their salaries, despite the economic constraints of the pandemic. Our councilmember Natalyn Archibong did **not** vote in favor of the salary raises.

# You Look Mahvelous!

*Cabbagetown (and Billy Crystal) send warm February birthday wishes to Juli Camrud, Kelly Breedlove Lisa Hanson, Michael McPherson, Jessie Gile, Liz Farquhar Carly Simenaur, Amanda MacGurn, Luis Clar, Laura Witte Bruce Veate, Jeanne Dufour, Ric Blackburn, David Barton Shaena Shaena, Renee M. Wright, David Thayer Chris Furguson, Mary Huysman, Jay "Daddu" Desai Melissa Terry, Julie Harris, Seth Pajack, Zach Kane Laura Bellinger, Joani White Gruczkowski, and Glenn Drake.*

# We Love Y'all!

**ONLINE ORDERING:  
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# Slim's Pickin's: Random Sampling



**SLIM  
CHANCE**

*Well, things are certainly different now, aren't they?* There's a bounce in the steps, a smile on the faces, and a sense of relief in the air. But, let's talk about music, the therapy that has kept a lot of us from going crazy.

Since I couldn't really come up with a nifty "theme" this month, I did a blind pull from my record library to write up a mini-review of whatever came out of

the stacks. There were two rules – I had to own it on vinyl, and I had to have listened to it at least once (*don't laugh... I have lots of sealed records*). So I closed my eyes and tried to vary the locations and stick with the first things that I laid a finger on.

Not too shabby, eh?

## **Remembrance of Things To Come by The New Lost City Ramblers**

– Old time string band music is a part of Cabbagetown's history, and the *New Lost City Ramblers* were a more contemporary (well, 1958) group. As proponents of the Folk movement in the early 60's, their commitment to authenticity and tradition was commendable, at a time when a lot of sugarcoating was done to those old songs.

## **Collectibles by Johnny**

### **Burnette & the Rock & Roll Trio**

– One of the most influential Rockabilly artists of the 50's, his tunes are staples of every revival act that has followed suit. This collection contains the essentials, and every one is an ass shaker.

## **Seven Bridges Road by Steve**

**Young** – Yes, this is the guy who wrote the *Eagles'* huge hit, AND he wrote "*Lonesome, Onry, and Mean*" for *Waylon Jennings*. Not only that, he

also penned the stunning "*Montgomery in the Rain*" for *Hank Williams Jr.* Dang. Young was born in Newnan but grew up in Alabama. One of the finest singer/songwriters you never heard of. Any of his albums are worth digging for.

## **16 Scottish Favorites by The Corries**

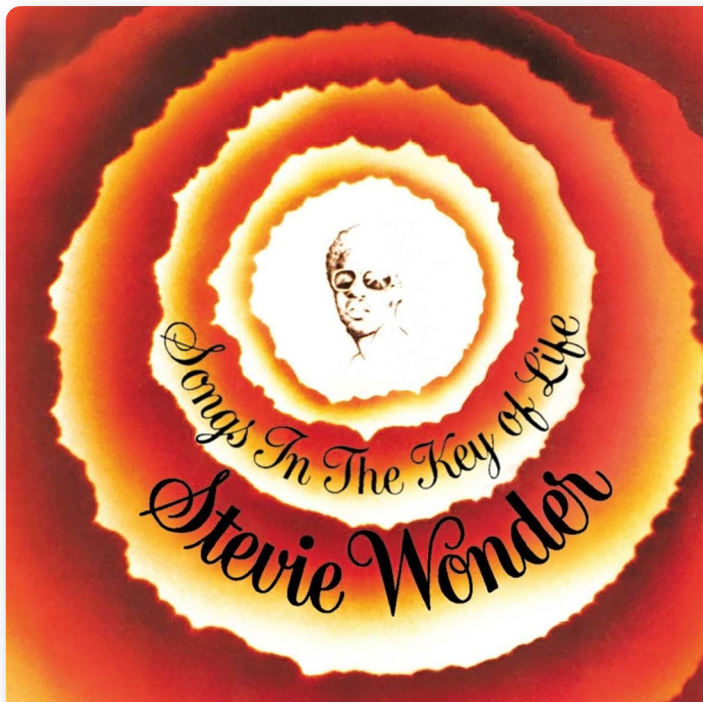
– As a natural born Scotsman, I of course have a ton of great traditional folk records from my home country. *The Corries* were one of the most popular, and their signature "*Flower Of Scotland*" is an informal national

anthem for rugby teams. Now I'm homesick and crying.

**Music Is My Sanctuary by Gary Bartz** – A former *Miles Davis* sideman, sax player Bartz has his feet in both the melodic and freeform Jazz scenes. Still playing into his 70's, there's a little something for everyone. This album is a nice blend, with a bit of funk and soul thrown in for good measure. I dig it, man.

**Give 'Em Enough Rope by the Clash** – While this was actually the band's second album, it was released in the US before the debut album. Duh. Nevertheless, it was an eye opening blast of politically charged punk rock, full of piss and vinegar, and unafraid to call out any tyrant anywhere. Timing is everything, and this one hit the spot right when we needed it. I bet *Cyndi Lauper* knows every word to every song. Her favorite band.

**The Doors (1st album)** – I'm not a Morrison ghoul by any stretch, and some of their work was beyond pretentious. But this one came blasting out of L.A. and took all us future stoners by surprise (*I was 11!*). Song for song, it is one of the most powerful debuts in American music history, and still stands up today.



## **Songs In The Key of Life by**

**Stevie Wonder** – Coming after what I consider one of the best consecutive triple plays in music. Wonder seemingly "wrapped up" a chapter of his genius work with this 2 record (plus a 4 song EP) set. 13 weeks in the Billboard #1 spot says it all. It's all there-funk, love songs, gospel, you name it. I love every song on this opus.

**Best of Buck Owens** – It is serendipity that a few of these random samples are greatest hits or compilations. The country representative is the hitmaker himself - Buck Owens. There are now three volumes with this title, and with 11-12 songs each, you need them all.

**Something New by the Beatles** – I love to complain, but dammit America, you royally f'd up those early *Beatles* albums, and a naive eight-year-old me had no idea until much later, when I had to buy the imports. And the remasters. And the box sets for the mono mixes. Case in point- "*Something New*" – a Frankenstein of some "*A Hard Day's Night*" tracks and a few singles. I didn't really care then, and I still dig it now. *Yeah, yeah, yeah.*

# Y'all Are Priceless!



**JAMESA  
RAINEY-EULER**

*The year 2020 was a challenge for us all! Yet, you found so many ways to keep me – and everyone – feeling uplifted, valued, and like a member of the Cabbagetown family through it all. Yaaasss! This is my "Jimmy Fallon" moment.*

Thank you for all the times you've greeted me with a warm salutation by name; no matter what time of day. Thank you for offering me a snack or beverage to keep me energized on long days.

Thank you for keeping the lights on while your letter carriers were delivering in the dark. Thank you for keeping your dogs and cats under control when we're delivering mail and making our rounds.

*Thank you to the all the Cabbagetown and Reynoldstown businesses for allowing me to use your restrooms during the pandemic... Truly Priceless!* Thank you for those of you who have upgraded your mailboxes to larger sizes and improved your mailbox locations; so important for my street time, operations and on-time deliveries. And lastly, thank you for making me feel safe out here!

*You guys lifted my spirits all year long.* Your consistent and collective support makes me feel comfortable delivering in all conditions on my route. And I haven't even mentioned how you created and declared "Jamesa Day" or remembered my birthday (my head is still bobbling me from that wonderful surprise).

This "holiday season" really began mid-February with the onset of COVID-19. With the added political mail and regular holiday push, I truly couldn't have done it without YOU!

I look forward to a better 2021 for our health, families, jobs, and the like. My aim has always been to serve as a consummate Postal Ambassador for the communities on Route 1606 (that includes my lovely Reynoldstown customers). My goal is to make sure you have confidence in the handling of your mail. Once my mission is complete, I look forward to a vacation!



*This mural of Aiyana Jones by artist sofahood is on Carroll Street @ Tennelle. Say their names. Honor their lives. Learn their stories. [cabbagetown.com/squares](http://cabbagetown.com/squares). Curated by Austin Blue.*

## Share Your Passion

**CNIA NEEDS A PRESIDENT, SECRETARY, HISTORIC PRESERVATION CHAIRPERSON, AND TREASURER.**

*Do you have a passion for leadership, making history, recording history, preserving the past, envisioning the future, and making sure it all makes good dollars and sense? If so, we hope you will do what you love doing on behalf of your neighborhood.*

Email Chelsea Arkin at: [president@cabbagetown.com](mailto:president@cabbagetown.com)

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# The Kiss

# Dry January



**ANNA  
PFEFFER**

*In February, the month of love & Valentine's Day, kisses are certainly top of mind.*

And kisses make me think of a trip we took few years ago to Vienna, Austria. While in Vienna, we visited the **Belvedere Museum** where we got to see **The Kiss** by Gustav Klimt. The Kiss is the most famous Austrian painting from 1907/08 in the height of Klimt's "Golden Period" when the artist created a technique of combining gold leaf with oils and bronze paint. The

Kiss features a couple in a flower field entwined in decked out robes, kissing (obviously!) on the edge of a cliff...Sexy, huh?!

If kisses aren't enough for the month of love... what about a romantic ballad? Well, we got that on this trip too! We traveled to Prague next. We found ourselves walking through cute cobblestone streets while sampling amazing Czech beers along the way. One afternoon we went to the Charles Bridge, famous for the **INXS** music video "**Never Tear Us Apart**." It's one of our favorite songs, an epic place to visit, and had an interesting connection to Vienna where we had just traveled from... this song was written in the tempo of a modern Viennese waltz!



*INXS. "Never Tear Us Apart" video. Charles Bridge.*

In the month of love during these unprecedented times, we have learned even more how much we appreciate our loved ones and especially our significant others. As we plan for Valentine's Day, we know that just being healthy and together is really what matters most. Let's let February 14<sup>th</sup> be a reminder to love our neighbors, love our healthcare and essential workers, and most of all, love the one you're with. Our community has banded together during the past year and there is a light at the end of the tunnel. Keep your love light on and let's get through this pandemic!

And if you're interested in visiting the Belvedere Museum virtually, you can! Just visit [belvedere.at/en](http://belvedere.at/en) and take a look at The Kiss... and hopefully get a kiss!



**KEVIN  
GILLESE**

*Time is relative.* When you're burning your hand on a cast iron skillet that you're pulling out of the oven because your wife told you to make a cobbler but to make it "look cute" so of course you used the cast iron skillet because that's gonna be cute as hell, but then when you go to pull it out of the oven somehow the fabric handle part slides up a bit and your finger accidentally touches the metal and it immediately hurts so much because it's a cast iron skillet straight out of the

oven, what did you think was going to happen, genius? When that happens, seconds can feel like hours. Seriously, you could watch all three of the John Wick movies in the time it took me to realize "my finger is hot" and then put down the pan.

Kind of like how when you're on vacation on a beach somewhere and finally you have a week where you get a break from the unrelenting stress of work and you're just looking forward to finally sipping a cocktail and maybe for a minute allowing your mind to move beyond the day to day trivialities of grinding through the corporate machine... and then as soon as you close your eyes for a moment, the week flies by in a second and you're already checking out and disputing some charges to your room. When that happens, weeks can feel like seconds. Seriously, if you're traveling and get put under quarantine and you want to pass time quickly, just work out a way to serve your quarantine laying in the sun while drunk on a piña coladas, I promise you it'll be over in an instant.

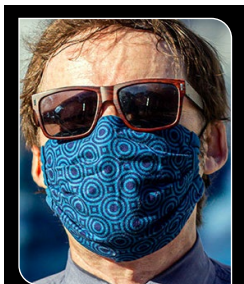
And it's through this rigorous scientific understanding of the relativity of time that I've stumbled across an amazing secret. **Dry January.** If you want to bend time beyond anything you've ever seen before, I recommend giving dry January a go. I'm about three quarters the way through at this point and I gotta tell ya, it feels like I've been living this dry January life for about three hundred years now. I've seen my great grandchildren have children of their own that have already grown up and had careers and died peacefully of old age, all while I'm still doing dry January.

With all this extra time on my hands, I've been super productive. I've been learning all kinds of new skills like baking (hot tip: try making your cobbler in a cast iron skillet, it will look cute as hell) and first aid (burns need to be cooled with ice before you apply ointment, careful not to break any blisters). I've also been training for a marathon. Pandemic style. Yeah, that's right, I'm planning a marathon session of watching all the **John Wick** movies back-to-back, in a row! Like... with no stopping. Am I being clear here? I'm talking one after another, all in one go. But you can't just jump into something like that unprepared or you'll hurt yourself, so I've been training by binge watching **Cobra Kai** and **The Expanse**.

So, I guess my biggest takeaway from dry January is that I have become an insane god. **How is everyone else's start to 2021 going?**



# "Heroes & Supervillains"



**JOHN DIRGA**

*Quietly, behind the scenes, and with little fanfare*, the brave artists of the Forward Warrior!! Mural Project have been creating new work for your enjoyment, including this recent addition (MF DOOM, pictured in progress, night two) by Chris Wright & Killamari.

You might see more Forward Warrior!! alumni returning the off-season if the weather cooperates, but it's worth another round of applause for the all-new Class of 2020. Current favorites include Quake Solo's "Portrait of Ace", and Erica Chisolm's "Ascension", but we're in awe of all fifteen socially-distanced artists whose meditative paintings were crafted without the benefit of an outdoor festival or public spectacle.

Visit [instagram.com/forwardwarrior](https://www.instagram.com/forwardwarrior) or subscribe to our [YouTube Channel](#) to meet the newest members of our growing arts community, now over 150 contiguous murals(!), curated by *Peter Ferrari* since 2015.

For Cabbagetown, the rewards of enjoying and sharing this open-air gallery, a quiet place for peaceful reflection and beautified exercise just off the Beltline, has been valuable beyond measure. Huge thanks to *Atlanta Mayor's Office of Cultural Affairs* for their recent assistance, joining *Fulton County Arts & Culture* and *StreetArtMap.org* in generously supporting our efforts.

If a short stroll down Wylie saved your sanity once or twice this year, why not spread the love? We invite you to join the *Wallkeeper's Committee* to help us maintain this sacred space for others. Here's how easy it is: commit to ONE WALK each month (less than 15 minutes) from Carroll to Krog to pick

up trash & tribbles before they multiply. Bring a pair of gloves and a second-use bag. There are two new receptacles at Krog (thank you, Councilmember Natalyn Archibong!), and many other convenient garbage cans along the route. It's actually pretty clean; it just requires consistency. If ten people pitch-in, half of you won't spot more than two candy wrappers.

### *Feeling like a superhero?*

Members may receive the lock combination and take out the *Trash Force Delta Super Utility Cart®* for a spin in the Krog Tunnel. Super fun, it comes with a claw and scooper, a fancy safety vest and visibility flag. Cape & leotard not included. Send email to [forwardwarrioratlanta@gmail.com](mailto:forwardwarrioratlanta@gmail.com) or DM/follow our internal news on *IG @fwstaff* for instructions. We also accept tax-deductible contributions: [donorbox.com/forwardwarrior](https://donorbox.com/forwardwarrior)



***You don't even have to tell anybody that you did a good deed.***

**BE A HERO!**

Keep Cabbagetown magical by running for CNIA President, Secretary, Historic Preservation Chairperson, or Treasurer. For more info, reach out to Madam President Chelsea Arkin at: [president@cabbagetown.com](mailto:president@cabbagetown.com)

# Cabbagetown Initiative: Meeting Minutes



*Minutes for Monday January 4<sup>th</sup>, 2021 Regular Meeting. In attendance: Morgan Felts, Kendall Rawls, Tova Baruch, Lauren Appel, Nathan Futrell, Chelsea Arkin, Ashley McCartney, Todd Gandee and Barry Hestermann. Jessica Stewart (CICDC Bookkeeper) was also present. John Dirga joined the meeting in progress on behalf of Forward Warrior!!*

*Regrets from: Michael Gale & Andrew Byckzo.*

**II. Call to Order** – The President called the meeting to order at 7:08p.

**III. Approval of the Minutes.**

**a.** Lauren moved that the December 2020 minutes be approved. The motion was properly seconded and approved unanimously.

**IV. Officer's Reports**

**a. President's Report – Happy 2021!**

**b. Treasurer's Report –**

**i.** Budget meeting for 2021 will be Jan 31<sup>st</sup> via Zoom from 10a – 2p.

**V. Committee Reports**

**a. Chomp & Stomp** – Thanks to everyone that helped make virtual Chomp 2020 a success. We still have some awards to deliver and some merchandise that wasn't picked up.

**b. Conservancy** – The Conservancy is off to a great start. In February we anticipate moving toward a CRM solution and kicking off our swag campaign. Thank you to the neighbors for their support!

**c. Forward Warrior!!** – Grants continue to arrive. The mural to the east side of the tunnel is complete and has been "shielded" to help address tagging. The west side is being prepped to be refreshed. John Dirga will be reaching out to some organizations for support for the person experiencing homelessness and currently living in the triangle.

**d. Governance** – Reminder to recruit folks to serve on CI. We have two positions opening up in April as Morgan and Kendall roll off.

**e. Parks** – The Parks Committee is planning and prepping for the budget meeting. Parks will be sending out "save the date" announcements for neighborhood park clean-up.

**f. Community Center** – no report.

**g. Community Garden** – no report.

**h. Grants** – Nate has found several promising avenues. Planning to submit an application in the near future. Nate reminded the board that we can earn revenue through **Kroger Rewards** and **Amazon Smile**. The Board discussed doing a social media push to urge neighbors to take advantage of these opportunities.

**i. Finance** – see Treasurer's Report.

**j. CNIA** – next meeting is January 12<sup>th</sup> – all info on website.

*The President adjourned the meeting at 8:02p.*

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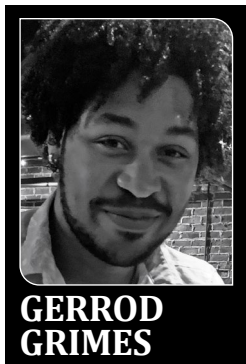
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# Be The Light



**GERROD GRIMES**

*Earlier this month my partner and I decided to take a walk along the Beltline for some drinks.* On the way, one of the murals caught our eye. Initially, it was the singular hue of blue that stuck out the most to me. Upon further inspection, it became something more. There, right in front of us was what we thought to be the most peaceful and minimalistic work of art. The mural was simply a little boy we believed to be meditating. The

yellow glow emulating from this child seemed to symbolize enlightenment. After admiring the artwork I needed to know more. So I decided to shoot @quake solo a message.



@quake solo

Meeting with **Quake** at **Carroll Street Café** was quite a treat. He's a polite, personable, and warm individual. It was a surprise to learn Quake started painting less than five years ago. He credits his inspiration to paint to his girlfriend and fellow muralist @sheisdizzy. I also learned the boy in the mural is his son **Ace**. Quake has always dreamed of painting a mural of his son.

After more than a few minutes

of conversation, I became very aware of the immense love Quake has for his son. The mural itself reflects the sense of peace Quake feels around Ace. The yellow hue around him represents his light. Quake showed me a few more pictures featuring Ace which seem to reflect the mural.

I was impressed to learn the finished mural we enjoy was not the original piece Quake had in mind. Quake was looking to do something of a reflection of the historic year we have had with **Black Lives Matter**, the US election, and the pandemic. One night Quake discovered Ace practicing the Lotus or Padmasana yoga pose – a pose widely used for meditation. It was then that Quake chose to illustrate this with a piece that inspires tranquility, and a sense of balance for anyone who sees it. With his son being the catalyst for this harmonious message.

*Quake and I had a great time discussing his mural. We also bonded over our shared love for 90's rap.* What was most apparent was Quake's love for his son, the unshakable bond he is building, and how Ace will always see his father's love through his art. We all should have someone who is the light in our lives. After our meeting, I realized that Quake had inspired me to try to be the light in someone's life. **Thank you Quake.**



Ace. Artwork by @quake solo. StacksSquares. Carroll Street.



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# THE “FAUCI OUCHIE” CONTINUED...

*Continued from front page*

## **5. Are COVID-19 vaccines effective?**

Yes. The two vaccines available currently (made by **Pfizer** and **Moderna**) are some of the most effective vaccines ever made, with 94-95% of people being protected after two doses. But it is important to remember that full protection does not occur until about two weeks after the second dose.

## **6. How were the vaccines made so quickly?**

The viral genome was sequenced immediately and shared worldwide in January 2020. This allowed scientists to look for ways to make a vaccine right away. Scientists had already been working for years to develop a new approach to making vaccines against novel viruses. Think of it like a pre-made drill that can accept different sizes of drill bits. Each new virus would be a new drill bit. Operation Warp Speed allowed development of multiple vaccines at once, and large-scale manufacturing was started while clinical trials were underway. Corners were not cut. The process was not changed, just accelerated. The regulatory process included the same safety reviews as every new medication or vaccine that FDA approves, but the urgency of the pandemic meant that clinical trials for COVID-19 were reviewed immediately.

## **7. How does the vaccine work?**

The current COVID-19 vaccines use mRNA. The “m” in mRNA stands for “messenger”, which shows the immune system how to recognize the virus. Your immune cells remember it and can respond quickly if you are exposed to the virus. The vaccine mRNA does not enter the nucleus where your DNA is stored.

## **8. How long will protection from the vaccine last?**

Clinical trials showed that both vaccines are effective for at least six months, but since they are new vaccines it will take time to see how long protection truly lasts.

## **9. Will I have to continue with precautions after I've been vaccinated?**

We do not know yet if a vaccinated person can still spread COVID-19 to others if they come into contact with it. Until we have more data, vaccinated people should still avoid close contact with others (6 foot physical distancing), wear a face mask, wash hands frequently, and stay home if sick or exposed to someone who has COVID-19.

## **10. How much does it cost?**

The federal government purchased hundreds of millions of vaccine doses with taxpayer money. Local health departments and other locations are providing the vaccine for free. Some vaccine providers may charge an administration fee that is covered by insurance.

## **11. Do home remedies work to prevent or cure COVID-19?**

There are several myths about home remedies that prevent or cure COVID-19. These include immune boosters, herbal

supplements, disposable gloves, air purifiers, mouthwash, etc. Many of these have been proven ineffective or there is not enough data to show whether they work. To be safe, only get information from reliable scientific sources, several of which are listed below.

## **12. Where can I get reliable info about COVID-19 and the vaccine?**

a. [CDC.gov/coronavirus/2019-ncov/vaccines/faq.html](https://www.cdc.gov/coronavirus/2019-ncov/vaccines/faq.html)

b. [DPH.Georgia.gov](https://www.dph.ga.gov)

c. [FDA.gov](https://www.fda.gov)


d. For current Georgia-specific COVID updates:

*The Daily Digest – [amberschmidtkephd.substack.com](https://www.amberschmidtkephd.substack.com)*

## **13. I'm in! Where can I sign up/get vaccinated?**

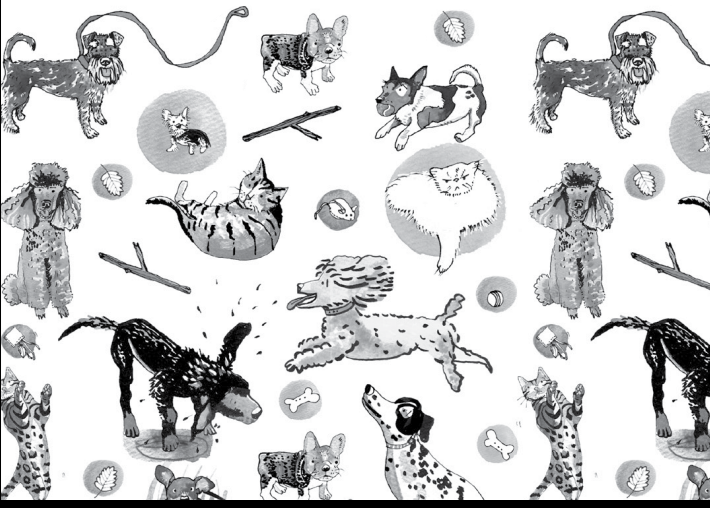
Right now only certain high-risk groups are eligible for the vaccine. Check with your healthcare provider or Fulton County Board of Health (404.613.8150 or [www.fultoncountyga.gov/covid-19/covid-vaccine](https://www.fultoncountyga.gov/covid-19/covid-vaccine)) for the latest information and to see when it's your turn!

The threat of COVID-19 is very real and the vaccine offers a promise to help put this crisis behind us and get back to life as we knew it. Every person must decide what they will do, but please consider getting a vaccine to protect yourself and others. *Thank you.*



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# "At The Corner"

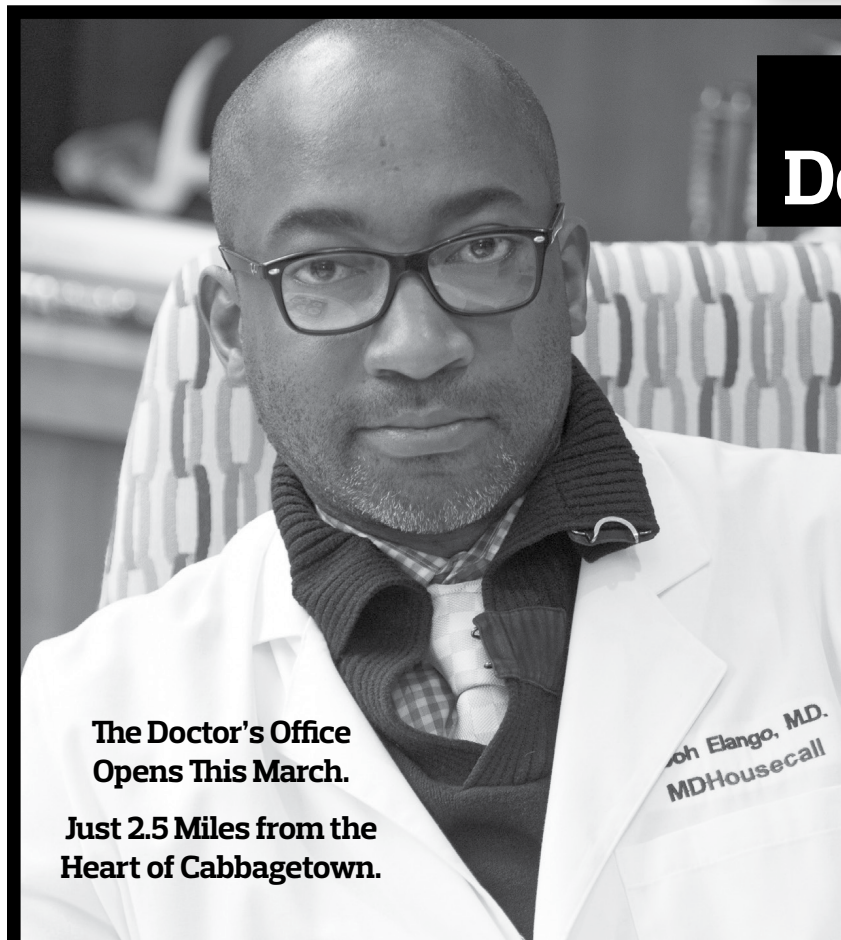
"See ya at the corner tonight?" It's a refrain that has echoed throughout Cabbagetown since June 4<sup>th</sup> of 2020. That's when Suzanne Denham Mason and Rebecca "Ro" Denham decided to make their voices heard in support of equal justice for our brothers and sisters of colour.

Since then, hundreds of friends and kindred spirits have joined in on the almost nightly one hour vigil. The protest and activism still continues, and has begun to garner national attention. *USA Today*, *Newsweek*, *New York Magazine*, *MSN*, and many more media outlets have featured photos from the corner of Boulevard & Memorial.

Over the past eight months, the corner has been a vocal intersection of solidarity for Black Lives Matter, a mourning place for the passing of Congressman John Lewis, and Reverend C.T. Vivian, and a rallying point for the senatorial elections of Jon Ossoff and Reverend Raphael Warnock.

The world has now heard the message that Suzanne and Ro put forth. And if the signs, car horns, and shouts of support weren't enough, Suzanne, Ro, and a dedicated band of friends have a brand new and GIANT way of getting the message out. How? You'll just have to swing by "the corner" and check it out for yourself.

*Top photo by Brandon Bell for Newsweek.  
Bottom photo by Brandon Bell for USA Today.*



## Finally. There's a Doctor in the 'Hood.

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# 2021 REAL ESTATE UPDATE

Cabbagetown in the current environment

## Single Family Homes

### Active

2 Homes | \$499,900 - \$375,000

### Under Contract

1 Home | \$465,000

### Sold since January 1

1 Home | \$470,000\*

## Townhomes/Condominiums

### Active

11 Homes | \$539,900 - \$260,000

### Under Contract

4 Homes | \$580,000 - \$289,900

### Sold since January 1

3 Homes | \$479,000 - \$289,900\*



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\*Not all sales were listed or sold by Chrissie Kallio

# We Love You FOCCers!

By Kendall Rawls & Morgan Paysour

**Sending love to our awesome neighbors!** With 2021 in full swing your fellow FOCCers (Friends of Cabbagetown Conservancy) are busy coming up with fun ideas to bring neighbors together (safely, of course) and to increase more awareness of how much goes into maintaining our beautiful parks.

In partnership with the CI's (Cabbagetown Initiative) Parks Committee we will be hosting three neighborhood beatification days this year – so mark your calendars!

### 3 Neighborhood Beautiful Days

- a. April 17<sup>th</sup>, 2021
- b. July 10<sup>th</sup>, 2021
- c. October 16<sup>th</sup>, 2021

We are also looking to host a physically distanced "hang with your neighbors in the park day" in early spring and a "back yard tour" in early June! Be on the lookout for more information on upcoming FOCC events this year.



*Please consider becoming a member of FOCC.* It's a great way to get to know more of your neighbors and help maintain our parks and other green spaces in Cabbagetown. To join, scan this QR code, or go to [cabbagetown.com/donate-to-the-park](http://cabbagetown.com/donate-to-the-park)

## The Real Estate Report

This information is provided by Chrissie Kallio using the First Multiple Listing records and data from Housing and Urban Development postings. The information is not guaranteed or warranted. Listings courtesy of each listing agent. Any

questions regarding real estate in the Cabbagetown area can be directed to the following resident agents: Chrissie Kallio at 404.295.2068 • Lynne Splinter at 404.582.0006 • Debbie Weeks at 404.272.1906 • *We wish you happy house hunting!*



### HOUSES

For Sale	Price
224 Berean Ave. 3 BD/2 BA	\$499,900
620 Memorial Dr. 2 BD/1 BA	\$375,000

### HOUSES

Pending/UC	Price
140 Pearl St. 3 BD/3 BA	\$655,000
169 Pearl St. 3 BD/1 BA	\$470,000
200 Powell St. 2 BD/2 BA	\$465,000

### MULTI-FAMILY

For Sale	Price
None this month.	

### LOTS

For Sale	Price
None this month.	

### COMMERCIAL

For Sale	Price
678 Memorial Dr.	\$495,000
690 Memorial Dr.	\$495,000

### CONDOS & LOFTS

For Sale	Price
<b>The Stacks</b> Loft H102 1 BD/1 BA	170 Blvd \$400,000
Loft D104 1 BD/1 BA	\$390,000
Loft H503 1 BD/1 BA	\$389,000
Loft H326 1 BD/1 BA	\$379,000
Loft H404 1 BD/1 BA	\$350,000
Loft H403 1 BD/1 BA	\$315,000
Loft F204 1 BD/1 BA	\$315,000
Loft H226 1 BD/1 BA	\$340,000
<b>764 Memorial Drive</b> Unit #21 1 BD/1 BA	\$323,900

### PENDING CONDOS & LOFTS

Pending	Price
<b>The Stacks</b> Loft E112 2 BD/2 BA	170 Blvd \$580,000
<b>Under Contract</b> <b>The Stacks</b> Loft E309 2 BD/2 BA	170 Blvd \$479,000
Loft E218 2 BD/2 BA	\$475,000
Loft E403 2 BD/2 BA	\$422,000



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